CAS Opportunities 2017-2018

Welcome to a brand new year of CAS. Lots of great opportunities up for grabs here both for CAS Projects and CAS experiences. If you have any ideas and you would like to make it happen, I am happy to advertise! FYI - CAS Project ideas at the bottom of the sheet...get creative!

February 2018

CT Special Event publicity
The marketing department is looking for a team (2-3 students) who would help publicise some of the special CT events that we hold. This would include pre-event publicity, as well as a write up and some photos during the event. This could be a good CAS project for a group of Juniors who could commit to this and work with Mrs McMillan and the marketing department team. Come see Mrs M if you are interested in this opportunity.

Big Buddy Programme
A group of current Seniors are looking for some underclassmen to take over this program. They have been working with the ES counseling team, who paired them up with ES students who need some mentoring, a friend, maybe some homework help or shooting some hoops together. The program usually takes place between 3-4PM on Thursdays. This opportunity is open to all of HS. If you are interested in signing up for this contact Mrs McMillan justyna.mcmillan@seoulforgon.org, Jose Agravante jose.agravante.18@seoulforgen.org and James Choi james.choi.18@seoulforgen.org.

CAS Website
We need one! There are lots of cool user friendly platforms out there, you do not need coding abilities to put together a website these days. If you are interested in helping me put together an SFS CAS website, please see me! Mrs. McMillan

Discovery Week CAS Projects
Discovery Week can be a great venue for a well-planned CAS project. This year we had four CAS projects during DW. 3 CAS Discovery Week trips were fully planned and facilitated by our students and one Art/Service CAS project associated with one of the Service trips. If you have an idea for a DW CAS Trip or other type of project, start ironing out the plan and proposal. Mr Hall will soon be sending out a form for you to fill in! See Mr Hall if you have any questions, as you plan out your ideas.
Alumni Talk
Mr Moon has been working with a number of students on a Student Alumni Committee. The committee hopes to connect current students with alumni who are either in university or are now gainfully employed. They are interested in expanding this to include students in 9-12th grade. Those in 11 & 12th grade could use it for CAS. We want this group to develop into a strong network that will allow students to transition more effectively from SFS to university and to provide a potential network when it comes to finding a job. I’ve included the purpose of the "club" in this PowerPoint [HERE](#).

IBDP Infographics
Are you someone interested in design, artwork and using these skills to help explain or communicate concepts and ideas? We are looking for a few students to help create SFS posters and infographics on a variety of different things connected to the IB Diploma. Please see Mrs McMillan for more details.

SFS Films
Are you a filmmaker? Maybe someone from the VCC club? We have a number of opportunities for students who have a passion for films, to create and edit short promotional films for the HS. See Mrs McMillan for more details.

NEW SECTION for 2017-2018

Need ideas for a CAS Project?

*Here are a few ideas for CAS. Maybe these will inspire you guys to put something together to make a difference!*

**“A Moment of Magic”** College Students making a difference by visiting sick children in hospitals, dressed up as Disney Princesses. [HERE](#)

**Blessing Backpacks** Help the homeless by organising Backpacks full of articles that they might need. [HERE](#) is a good inspirational site.

**Organise a busking event** which would raise money or awareness for a cause - not sure what the process is in Korea to play / sing music outdoors in Hongdae, but I have seen lots of street performers demonstrating their talent. Why not get a group together and organise something with a special focus? I used to go Carolling (Christmas Carols) with school friends at train stations during the festive season, raising money for Children in Need. This is an involved project as we always needed to apply for busking permits, put the music program together, rehearse a few times prior to the event...
Organise a Wishing or Promise Tree - Create and organise an art installation on SFS grounds. This could be a tree that would be created (maybe out of recyclable materials?), so you would need to design and build it. You could then encourage the SFS community to write wishes or promises and place on the tree. I could see collaboration here with the ES / MS / BS students, encouraging them to interact with the project. It would then become alive and keep growing with people’s hopes and promises. You could specify a cause or leave it up to individual interpretation.

Korean - English Translation service - Yeonhui-ro - so many fabulous restaurants and other businesses in our neighborhood have poorly translated menus etc. or maybe not even have a translation! Why not offer an audit of the businesses and see if any would be interested in good translations from Korean into English, for all the foreigners that live and visit the area?

November 2017

Angels Haven Buddies – Leadership Team
This year we continue to develop our relationship with Angel’s Haven, by launching a Buddy program. Angel’s Haven is a center that supports young people with disabilities and learning difficulties. We will be working with a group of young boys initially, and hope to expand this at a later stage.
Right now we are looking to recruit students for the leadership team for this exciting project. If this is of interest, please look through the presentation and fill out the leadership application form. Deadline for filling out the application form is Wednesday 22nd November.
Once the leadership team has been established, we will be looking for volunteers to be Buddies!


Developing SFS IB Information Resources
Mrs McMillan is looking for 3-4 volunteers to continue a CAS Project that was started last year. This would include collecting information on what it is like to be an IBDP student at SFS and helping to maintain a website. This website will be opened to parents and prospective IB students. This would make a great CAS Project for students involved.
Please see Mrs McMillan for more information.

**SFS Films**
Are you a filmmaker? Maybe someone from the VCC club? We have a number of opportunities for students who have a passion for films, to create and edit short promotional films for the HS. See Mrs McMillan for more details.

**Archeology Digs**
Mr. Alexander (ES teacher) is advertising a great opportunity for students interested in archeology and the preservation of culture and heritage. During his summers he regularly helps a non-profit group that provides opportunities for high school students to work alongside college, Masters and Ph.D Archeologists excavating ancient sites in 4 locations. This is a summer course, a once in a lifetime experience. If you are interested, please contact Mr. Alexander. michael.alexander@seoulforeign.org

Why go on an AFAR trip? (Plus Greece Preview) [https://vimeo.com/238097286](https://vimeo.com/238097286)

Portugal Trip Preview Video: [https://vimeo.com/229891220](https://vimeo.com/229891220)

Portugal Trip Website: [https://goafar.org/project_posts/portugal/](https://goafar.org/project_posts/portugal/)

Portugal Trip Dates: 17 June - 01 July 2018
Costs: (excluding airfare) $3950

Greece Trip Preview: [https://vimeo.com/238097286](https://vimeo.com/238097286) (Same as above)

Greece Trip Website: [https://goafar.org/project_posts/greece/](https://goafar.org/project_posts/greece/)

Greece Trip Dates: 15 July - 29 July 2018
Costs: (excluding airfare) $3950

Minimum Students: 6

**September 2017**

**Counseling Weebly**
How awesome is your Korean? The counseling department would like to have some help translating parts of their weebly, into Korean. This would be a great **Service** opportunity. Please see Ms. Mayo, Ms. Mack, Ms. Holcomb and Mr. Ekstrom for further info.
SFS school wide days of significance
This year, the school has designated 4 different International Days that we would like to observe.

Faith - September 21st: International Day of Peace linked to SFS United in Prayer
Education - November 20th: Universal Children’s Day
Social Justice - February 20th: World Day of Social Justice linked to CNN Freedom Project
Environmental - April 22nd: Earth Day

If you have an idea for a school wide initiative, or how we could help observe this day in the HS, please let the HS administration know. Depending on the proposal, this could be a CAS project if you investigate, plan, develop, organise and facilitate…
Contact Mrs McMillan for more details.

SFS Chicken Coop TAKEN for stage 1
I need a group of students to take on this possibility as a CAS project. This is multi faceted. It would involve initial research into health and safety regulations in Korea, finding a space on campus, planning and designing the coop, maybe building the coop, possibly some fundraising for it, and then finally we get the little chicks… The ES and MS are really interested in collaborating with us, so this would also involve leadership. Once in place, looking after the chickens and harvesting eggs… possibilities are endless! If you are into sustainability and would like to get involved, contact Mrs McMillan

Piano Accompaniment for Grease (and other Music events)
Mr Ford is looking for some good piano players to help during the Grease rehearsals. Rehearsals take place after school. Great Service opportunity for a musical talent. See Mr Ford for further details.

SFS Lifeguarding
Mr Sean Carey in the aquatics department is looking for experienced lifeguards for the year. Ideally you would commit to a number of sessions on rotation with other lifeguards. The timings of these are varied. If you are interested in this Service
experience, please contact Mr Carey in the Aquatics Department for more info. sean.cary@seoulsforeign.org

TA program
We have had many students sign up, but there is still a need for more. Look at your study halls and check against the times that teachers have put down. If you think you can help, contact Mrs McMillan.

Korean Survival Class
Are you a fluent Korean speaker? Would you be willing to run a small class for new teachers / or other community members new to SFS, interested in learning some Korean phrases? If so, contact Mrs McMillan as we have had a number of new teachers express an interest in this type of Service.

**********

NEW SECTION for 2017-2018

Need ideas for a CAS Project?

Below are not things we (SFS) need done, but they might inspire some of you to take initiative.

Organise a busking event which would raise money or awareness for a cause - not sure what the process is in Korea to play / sing music outdoors in Hongdae, but I have seen lots of street performers demonstrating their talent. Why not get a group together and organise something with a special focus? I used to go Caroling (Christmas Carols) with school friends at train stations during the festive season, raising money for Children in Need. This is an involved project as we always needed to apply for busking permits, put the music program together, rehearse a few times prior to the event…

Organise a Wishing or Promise Tree - Create and organise an art installation on SFS grounds. This could be a tree that would be created (maybe out of recyclable materials?), so you would need to design and build it. You could then encourage the SFS community to write wishes or promises and place on the tree. I could see collaboration here with the ES / MS / BS students, encouraging them to interact with the
project. It would then become alive and keep growing with people’s hopes and promises. You could specify a cause or leave it up to individual interpretation.

**Korean - English Translation service** - Yeonhui-ro - so many fabulous restaurants and other businesses in our neighborhood have poorly translated menus etc. or maybe not even have a translation! Why not offer an audit of the businesses and see if any would be interested in good translations from Korean into English, for all the foreigners that live and visit the area?